



MY FIRST DAY AT NINJAZONE



MY GROWN UP MIGHT PARK ON THE STREET AND WALK IN.
I CAN SAY HI TO THE STAFF



I MUST WEAR MY NINJA UNIFORM.

I WILL WEAR MY NINJAZONE HEADBAND, T-SHIRT AND SOCKS



I TAKE MY SHOES OFF AND PUT THEM IN A LOCKER



A COACH WILL OPEN THE GATE WHEN IT'S TIME TO START. MY GROWN UP WILL STAY IN THE VIEWING AREA.



THE WAITING AREA WILL BE LOUD, NOISY AND BUSY. BUT IT'S OKAY
I WILL LINE UP WITH MY NINJA FRIENDS AND WAIT FOR MY COACH



I WILL PUT MY WATER BOTTLE AWAY.

IF I HAVE MEDICATION, I WILL GIVE THEM TO MY COACH.



A COACH, THE OTHER NINJAS AND I WILL DO A WARM UP ACTIVITY

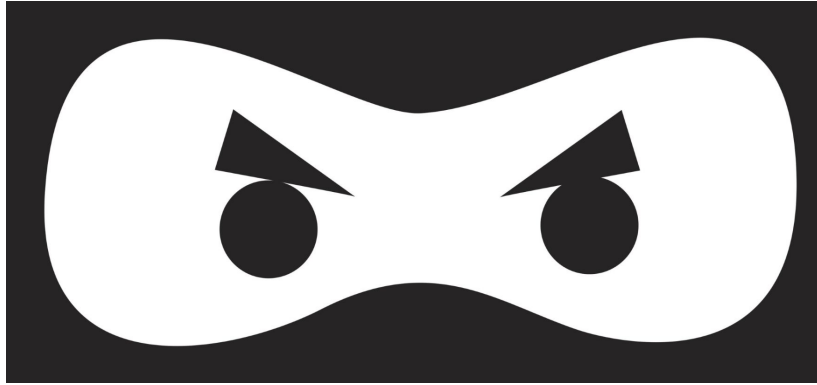


I WILL BE WITH LOTS OF NEW NINJAS AND COACHES

I MIGHT FEEL NERVOUS AND THAT'S OK



THE COACH WILL EXPLAIN TODAY'S CREED



WARM UP FOR NINJA ACTIVITIES.

I MIGHT FEEL EXCITED OR NERVOUS AND
THATS OK!



THE COACH WILL SHOW ME HOW TO DO NINJA ACTIVITIES SAFELY.



SOMETIMES, I WILL NEED TO WAIT MY TURN. IF I AM UNSURE WHAT TO DO I CAN ASK MY COACH



AT THE END OF CLASS WE WILL STOP OUR ACTIVITIES AND LINE UP

COACH SAYS	NINJAS REPLY	ALL TOGETHER
FOCUSED!	ENERGY!	*CLAP*
WORK!	ETHIC!	*CLAP*
SELF!	RESPONSIBILITY!	*CLAP CLAP*
NINJAS DISMISSED!		

I WILL SAY THE "NINJA MANTRA" WITH MY COACH AND GIVE THEM A HIGH-FIVE IF I WANT TO.



AFTER CLASS I WILL COLLECT MY WATER BOTTLE AND MY MEDICATION IF I HAVE ANY.
MY COACH WILL THEN SAY GOODBYE AND TAKE ME TO MY GROWN UP IN THE VIEWING
AREA.

I CAN FEEL PROUD, I HAVE FINISHED MY NINJAZONE CLASS